

Discussion Guide

Use the two passages provided to prepare your heart and mind for your small group time.

*“But grow in the grace and knowledge of our Lord and Savior
Jesus Christ.” 2 Peter 3:18*

*As the deer pants for streams of water,
so my soul pants for you, my God.
My soul thirsts for God, for the living God.
When can I go and meet with God? Psalm 42:1-2*

Whoever is leading your group, rank the questions in order and cover the ones that you feel are most vital for the group. Discuss them first and if you can get to some of the others, do so. It is doubtful you can discuss all 10 questions. They are provided as a help and not a “have to do” task!

1. The Apostle Paul highlighted two areas of growth that believers need to focus on for their spiritual growth. Are these the same two areas you were taught that were key to spiritual maturity? (Trivia: Did you know that the word “spiritual” dropped off the vocabulary of modern seminaries from the 1920’s through the 1960’s)
2. Share your experiences with trying to have a daily quiet time/devotional time with God. What best practices have you discovered in the area of spiritual growth?
3. What do you think about John’s teaching that “*Anyone who continues to live in him will not sin.*” 1 John 3:6
4. Share one falsehood you lived with unknowingly and its effects on your life. How did you find freedom in that area of your life?
5. How in the world can anyone: “*pray continually,...*?” 1 Thessalonians 5:16-18
6. Share a spiritual Goliath you were able to overcome by focusing on the future rather than on your failures.
7. How has the generational, dysfunctional lie: “The grass is always greener on the other side” influenced your life and what can we do to be content with our lives?
8. What do you think about the spiritual growth tip: Use the dysfunctional lie to your advantage? Has it worked in your life?

The Growth Choice
Matthew 5:6; 2 Peter 3:18

4/18/21

9. How do relapses affect you? What difference does it make to see relapses as part of the growth process?
10. What protections have you set up or found helpful to protect yourself from the pull of spiritual Goliaths?